



# COURSE OUTLINE

## CYC205

Prepared: Child and Youth Care Faculty    Approved: Martha Irwin, Chair, School of Community Services and Interdisciplinary Studies

<b>Course Code: Title</b>	CYC205: CYC FAMILY PRACTICE
<b>Program Number: Name</b>	1065: CHILD AND YOUTH CARE
<b>Department:</b>	CHILD AND YOUTH WORKER
<b>Semester/Term:</b>	17F
<b>Course Description:</b>	This course introduces students to the Child and Youth Care perspective on working with families in their daily lives. Students will examine the behavioral, developmental and psycho-social strengths and needs of children, youth and families in relation to their current family environments. Practical application of strategies and assessment tools appropriate to the family environment will be introduced
<b>Total Credits:</b>	3
<b>Hours/Week:</b>	3
<b>Total Hours:</b>	45
<b>Substitutes:</b>	CYW206, NSW112, OEL127, SOC115, SOC120
<b>Vocational Learning Outcomes (VLO's):</b>	<p>#1. Develop and maintain relationships with children, youth and their families by applying principles of relational practice and respecting their unique life space, cultural and human diversity.</p> <p>#2. Assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change.</p> <p>#3. Analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers.</p> <p>#4. Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.</p> <p>#5. Advocate for the rights of children, youth and their families and maintain an anti-oppression perspective and cultural competence in diverse cultural contexts.</p> <p>#6. Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.</p> <p>#8. Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning.</p>
<b>Please refer to program web page for a complete listing of program outcomes where applicable.</b>	



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**Essential Employability Skills (EES):**

- #1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
- #2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- #4. Apply a systematic approach to solve problems.
- #5. Use a variety of thinking skills to anticipate and solve problems.
- #6. Locate, select, organize, and document information using appropriate technology and information systems.
- #7. Analyze, evaluate, and apply relevant information from a variety of sources.
- #8. Show respect for the diverse opinions, values, belief systems, and contributions of others.
- #9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- #10. Manage the use of time and other resources to complete projects.
- #11. Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Passing Grade: 50%, D

**Evaluation Process and Grading System:**

Evaluation Type	Evaluation Weight
Assignments	45%
Skill Development	25%
Tests	30%

**Books and Required Resources:**

A Guide to Developing Effective Child and Youth Care Practice with Families. by Charles, G., & Garfat, T.  
 Publisher: Pretext Publishers, Cape Town, South Africa Edition: Second Edition.  
 ISBN: 9780987004277

**Course Outcomes and Learning Objectives:**

**Course Outcome 1.**

Develop effective intervention strategies which meet the needs and goals of children, youth and their families.

**Learning Objectives 1.**

a. Explore the behavioral, developmental and psycho-social strengths and needs of families in their current environments



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- b. Discuss current strategies and interventions used to facilitate change and growth in families
- c. Examine the need for additional resources in order to provide support to families
- d. Assess the strategies used and determine the necessary adjustments needed to attain identified goals and needs of the family.

### **Course Outcome 2.**

Review and discuss environments which respect culture and which promote overall well being and facilitate positive change for families.

### **Learning Objectives 2.**

- a. Identify and assess the cultural, developmental and social needs of families in the context of their current environments
- b. Explore therapeutic principles and strategies related to working with families to a variety of situations and surroundings to create therapeutic environments
- c. Discuss the impact of various strategies and suggest necessary adaptations to facilitate positive change in families

### **Course Outcome 3.**

Describe therapeutic environments which promote growth and development within the family.

### **Learning Objectives 3.**

- a. Discuss the strengths and needs of the family from a holistic perspective.
- b. Identify appropriate communication skills that promote understanding and trust with client and their families.
- c. Reflect respect for and sensitivity to complex issues within the family
- d. Interact in a professional manner as guided by the professional codes of ethics, current



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legislation affecting services and organizational policies and procedures.

### **Course Outcome 4.**

Gain greater self-awareness and understanding of others, particularly as it relates to families.

### **Learning Objectives 4.**

- a. Explore and state own values and beliefs related to family and working with families.
- b. Compare and contrast personal values to current research and course literature related to working with families.
- c. Act in accordance with ethical and professional standards

### **Course Outcome 5.**

Communicate effectively in oral, written, and nonverbal forms to enhance the quality of service, including the use of LMS discussion groups.

### **Learning Objectives 5.**

- a. Identify and utilize appropriate forms of communication required by situation and context.
- b. Communicate clearly, concisely, accurately and appropriately to the receiver, the setting and the identified goals.
- c. Evaluate the results of communication and the barriers to facilitating effective communication.
- d. Students will demonstrate an understanding and empathy for vulnerable clients and their unique issues by way of written assignments and verbal discussions. This can be demonstrated by an absence of judgmental statements and the willingness to view the situation and/or issue from someone else's perspective.

**Date:**

Wednesday, August 30, 2017

Please refer to the course outline addendum on the Learning Management System for further



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information.